The Baby-Ready Home *Checklist*

A quick walk through your home, and the people in it.

CR8V IMPRESSIONS
BY VINISHA
DESIGNING HOMES FOR REAL LIFE

Page 1: the rooms. Tick the big things before baby arrives. Anything marked *Can wait* really can.

6 ROOMS · 18 TICKS

01 Your bedroom

- [ ] Bassinet or crib that meets current Canadian safety rules
- [ ] Firm, flat mattress and a fitted sheet only. Nothing else in it.
- [ ] Cordless blackout blinds and a dimmable lamp by the bed

Can wait: baby's own room, after six months

02 Nursery

- [ ] Dresser-changer with a contoured pad and safety strap
- [ ] Dressers and shelves anchored to the wall
- [ ] Closet sorted by size, newborn sizes up front

Can wait: wall décor and toy storage, at three to six months

03 Living room

- [ ] A feeding corner: comfy seat, side table, lamp, water, charger
- [ ] A diaper caddy: wipes, cream, change pad, spare outfit
- [ ] A safe nap spot where you can see baby

Can wait: outlet covers and gates, at four to six months

04 Kitchen

- [ ] One cupboard or cart as the bottle station
- [ ] A freezer stocked with labelled, ready-to-heat meals
- [ ] A drawer of one-handed snacks for the grown-ups

Can wait: high chair and solids gear, around six months

05 Bathroom

- [ ] A baby bath and one caddy of bath-time supplies
- [ ] Water heater set to 49°C (120°F) or lower
- [ ] A recovery basket for the birthing parent

Can wait: toilet locks and a tub spout cover, once baby crawls

06 Entry & car

- [ ] Rear-facing infant seat, installed and checked
- [ ] A stroller parking spot and a diaper bag hook
- [ ] Hospital bag packed by the door in the last weeks

Can wait: a convertible car seat, when baby outgrows the first one

Safety notes follow Health Canada's general advice. Check canada.ca for the latest, and follow each product's instructions.

Turn over: the people in your home →

A baby-ready home works for *everyone* in it

Baby needs very little space. The grown-ups, siblings and pets around them need a plan.

You

Recovery comes first.

- [ ] A recovery basket on every floor: pads, water, snacks, charger
- [ ] A comfy seat where you can put your feet up, close to a bathroom
- [ ] Stairs and hallways clear, with a night light along the path

Your partner

A job they own.

- [ ] One zone that's theirs to keep stocked: bottles or diapers
- [ ] A made-up bed or couch for sleeping in shifts
- [ ] Labelled bins, so nobody has to ask where things live

Older siblings

Same home, still theirs.

- [ ] A big-kid corner with their own things, at their height
- [ ] Their room and routines kept as unchanged as possible
- [ ] A special basket of quiet activities for feeding times

Grandparents & helpers

Make it easy to help.

- [ ] A guest spot ready: a bed, hooks, a towel and room for their bag
- [ ] A "where things live" note on the fridge
- [ ] A seat near the feeding corner, so they can keep you company

Pets

Family, too.

- [ ] Baby gear set up early, so pets get used to it before baby arrives
- [ ] One pet-free zone, like the nursery, with a gate or closed door

Can wait: pet bowls moved out of reach, before baby crawls

MY THREE FOR THIS WEEK

1 _____

2 _____

3 _____

Want help putting it in place?

Free 15-minute call · cr8vimpressions.ca · cr8vimp@gmail.com

Book your free call